

# Niagara-on-the-Lake Lawn Bowling Club

(Established 1877)

## “In the Ditch”

(141 Years Strong)

Volume 1, Issue 3

website: <http://notlbwls.ca>

July 2018

Welcome to this, the third edition of your Club's monthly newsletter for 2018, dedicated to providing you, the reader, with more light-weight (for the most part) reading from the “DITCH”, thanks in no small part to its supporting cast of characters.

*Editor*



### From the President's Desk

*Elly Warren, Club President - 2018*

This was quite a month! We lost a lot of bowling days/nights to the hot and humid weather and even rain!

It was awful to have to cancel our in-house tournament! I only hope that when Nancy and Doug try again that the interest in it will be the same as it was for this one. And we will try again!

I am having a hard time coming up with something to write...call it writers block...or whatever! Nothing much has happened, things are going along just fine.

There are a few shirts left that are bought and paid for. Please come and pick them up so that I can rid of the box!

Thank you to all who have put on the teas for this month and also the BBQ, which, at the time of writing still has to happen. I appreciate the response to my email about more volunteers for

this month BBQ! It was quite incredible! THANK YOU!



**Chef Ron and the July BBQ Crew**

*Photo by David Klooz*

### Birthday Greetings

*Carol Williams, Club Secretary - 2018*

On behalf of the President, the executive and the entire Club I would like to extend Birthday Greetings to all members who celebrated a birthday this past month of **July** and those in **January, 2019**, you know who you are.



**Happy Birthday Everyone!**

### Ladies' Frontier League

*Elly Warren/Pat Rees*

**July 5...**Frontier League cancelled due to high temperatures and a high humidex.

*Editor*

**July 12...**It was a bit hot today!!!!

One lady had to drop out due to the heat; she was replaced by **Dan Jansen**. That was a first in the league!

Twelve teams came out to play at your NOTL club. Club members **Rose**, **Angela** and **Jenny** came in first. **Heather P.**, **Heather Q.** and **Pat G.** had a win and a loss and so did **Pat R.**, **Donna J.** and **Elly W.**

One 12 end game was played and the second game was cut to 10 ends due to the intense heat and humidity.

*Elly Warren*



**Angela Lynch, Rose Connolly, Jenny Ley**

*Photo by Pat Rees*

## Way to go Ladies!

**July 19...**Today we played in Niagara Falls. There were 16 teams.

**Mary W.**, **Heather Q.** and **Pat G.** came in 4th. **Rose**, **Jenny** and **Angela** had a win and a loss.

**Pat R.**, **Donna J.** and **Elly W.** had 2 losses.

*Elly Warren*



**Heather Quick, Pat Girgenti, Mary Watson**

*Photo by Pat Rees*

**July 26...**Today we played at Glenridge.

There were 16 teams, **Heather P**, **Pat G** and **Mary M** had a win and loss, so did **Rose**, **Jenny** and **Sandi J**. **Pat R**, **Donna J**, and **Elly W**. had a win and a loss but took the prize for last game high.

Everyone is encouraged to go out and watch the ladies bowl, especially when they are bowling here in town at your club. Support your local teams.

## Senior Men's League

*Dave Taylor/Wes Turner*

There are two teams representing your Niagara-on-the-Lake Lawn Bowling Club in the Niagara Senior Men's League.

## Tales of the Tournaments

*Doug and Nancy Findlay, Tournament Secretaries*



**Simpson's Pharmacy**

## 1882 Niagara Stone Road

NOTL's second tournament, sponsored by **Simpson's Pharmacy**, held on July 3rd was an Open Pairs tournament. Eight teams played on 4 rinks with players from Burlington, Grimsby, Glenridge and Niagara-on-the-Lake. Thank yous are in order to **Derek Shervill** and **Ray Pettit** for doing the draw, to **Lynn** and **Ron Gourlay** for setting up the greens and to **Donna Twose** for looking after the kitchen.

Due to the heat, we played three 10-end games, maximum 15 points with plus points used only to break a tie and paid 2 prizes plus a last game high which went to a winning team that did not qualify for another prize.

The winning team was Ruby Du Feu and George Menzies from Burlington with a very successful day of three wins.

The high two-game winning team was Charlie Lyle and Verne Lessard, also from Burlington, earning second place.

And the team with the High Last Game was **Nancy** and **Doug Findlay** from NOTL.

### Congratulations to all.

*Doug and Nancy Findlay*

**Don't forget to support your local tournament sponsors, your business helps to keep them coming back.**

The first In-House Club Tournament to be held on July 9<sup>th</sup> was cancelled due to high temperature and humidex readings.

### NEWS FLASH:

**Monday, September 10<sup>th</sup>** is the new date for the In-House Triples Tournament

The weather should be cooler!

Look for sign-up sheets in early August to participate. Let's have as many players as before for the tournament we had to cancel.

## 4-3-2-1

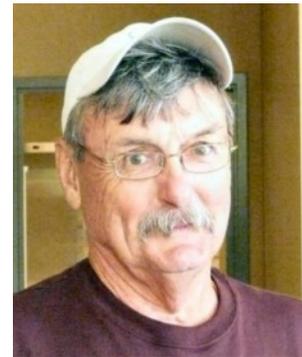
*Jack Hazell*

We had our first "rain out" this month and we did get rained on! Rory said we need to move fast, but we didn't move fast enough and we all got pretty wet. Aside from that, it was a good month with good attendance, averaging 10.

The winners this month were **Dan Jansen** for the second time this year, **Heather Pettit** with her third win of the season, **George Watson** and **Berkeley Lambert**.



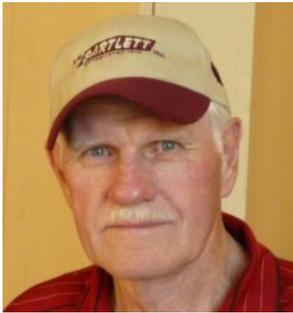
**Dan Jansen**



**George Watson**



**Heather Pettit**



**Berkley Lambert**

## **Friday League Open Pairs**

*League Coordinator*

Well, the Friday League Open Pairs has come to an end for another year.

### **An Ode to FLOP's**

“Alas, here I sit; the round robin has come to an end.

I gaze, in wondrous contemplation, at those in the “middle of the pack”. I think “what it would be like to achieve that lofty goal”? Even that part of the leader board seems ever out of reach, perhaps next year.

And, even though I aspire to greatness, I realize that those positions at the very top of the leader board are, without a doubt, well beyond my reach. Those who have consistently displayed their skill and prowess on the “green rink” have, and rightly so, risen to these lofty levels and are now vying for the top spot over all other competitors.

Those of us who have provided the fodder for their consistent ability to dominate the field of

play now contemplate the distinct possibility of finishing in the final and lowest positions within the league.

Alas, I say again, someone has to be at the top and someone has to be at the other end of the spectrum. At least we can hold our heads up high knowing that we gave it our best shot and can take some pride in knowing that we stayed the course.”

*Anonymous*

Well, it looks as though there will not be a playoff session this year. A survey of all teams in the Friday League Open Pairs indicated that, by a 7 votes for to 3 votes against margin, with one vote unknown, a playoff round was not desired.

Therefore, with the exception of a few make-up games, the standings at the end of the Round Robin session will determine the overall 2018 champion.

Final standings will be announced at the league wind-up on August 10th and in the August newsletter at the end of the month.

## **Social Convenors**

*(Supplies and Social Committee)  
Jenny Ley, Rose Connolly*

Reflecting back on the Saturday afternoon teas...Jacks now infamous “cream tea” has become a tradition that bowlers look forward to when they see his name on the list!

Now being a Cornish girl (home of the “cream tea”) and knowing of 2 Devonshire born members....I thought this worth a mention. There has been a neighbourly dispute between the 2 counties on how the cream tea should be eaten. In Devon, they believe the scone should be split in half, covered first by cream and the jam to follow. In Cornwall, again the scone is split in half but the jam is spread first, followed by a wonderfully large dollop of the clotted cream!

Cream first or jam first? You decide!!



**"I can never remember, is it Scone, Human, Cream or Scone, Cream, Human?"**

So here is a big **"thank you"** to all the volunteers, (even if you put the cream first!).

*Jenny Ley*

I must say, by all accounts, the tea on Saturday, July 21<sup>st</sup> was well attended with in excess of 30 members taking part. And, while there were no scones to be seen anywhere, there seemed to be enough for everyone to eat as there was very little left to take home.

Even the short rain near the end of the first draw did little to dampen anyone's spirits.



**Need I say more!**

Don't you all wish you had been there!

Thank you to all who helped with the prep and clean-up.

Remember, support your club, come on our and bowl on a Saturday afternoon and enjoy a

fabulous "Tea" sponsored, prepared and served by members like you.

*Wayne and Barb Jones*

## **Greens Keepers**

*Buzz and Judi Allen (Greens and Grounds Committee)*

I saw a cartoon recently; it read something like this;

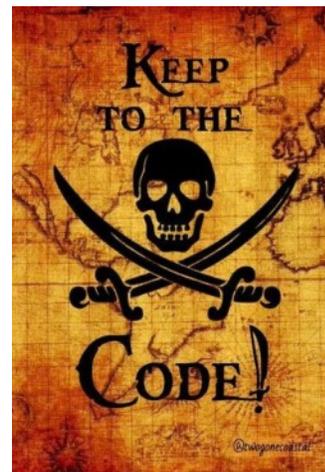
"Greens Keepers don't have to think hard as they are surrounded by experts who are always more than willing to offer their advice!"

I am sure that maintaining the Green takes more effort than most of us realize. Your Greens Keepers continue to effectively maintain your Green for your bowling pleasure. Don't forget to say "thank you" once in a while.

*Editor*

## **"Keep to the Code"**

"Arrrrrrr Matey..."



**No, No; not the Pirate Code!**

This is a very serious Lawn Bowling Newsletter, not a "Jolly Roger" newsletter.

Now that I have your attention; I really, really wanted to use that graphic someplace, and thought that it would be a great lead in to a section dedicated to reminding members of the "Code of Ethics" associated with the Sport of Bowls.

This is the first in the series that will cover the entire Code, as provided by World Bowls; all are direct quotes from that code. The code is not really that long and, there is no test at the end...this time. So, let us begin with the first two sections:

## A. EQUALITY

1. No discrimination on the basis of gender, race, religion, political opinion or other such ground will be tolerated in Lawn Bowls, including in the World Bowls Board, Committees and other elected or appointed groups.

2. When selecting or appointing persons in a position of trust, both sexes should be considered.

## B. DIGNITY

3. The governance of World Bowls shall have due regard to the physical and mental wellbeing of all participants in Lawn Bowls. All forms of harassment, be they physical, mental, professional or sexual, are strictly prohibited.

4. World Bowls have a moral and legal obligation to ensure that, when given responsibility for young people, coaches and volunteers provide them with the highest possible standard of care by following procedures to protect children and report any concerns about their welfare to appropriate authorities.

A child/young person is defined as a person under the age of 18 years.

*World Bowls Code of Ethics*

## “Green” Speak

*Editorial Staff*

## The Bowl

The Sport of Bowls (Lawn Bowling) is played round object called a “**Bowl**”, not a Ball, a **Bowl!**”. A lawn bowl is not a sphere like a typical ball, a **Bowl** has a **Bias** built into the shape of the **Bowl**.

If you look closely at a lawn bowl you can see that the radius on the side with the smaller circle is greater than the radius on the side with the larger circle. The side with the larger radii is the “bias” side and indicates the direction in which the bowl will curve (draw).

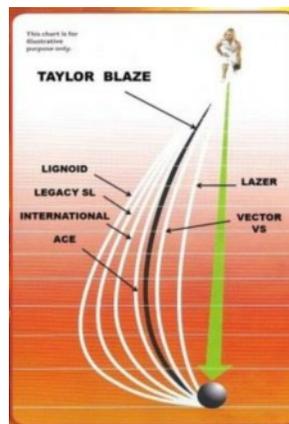
The bowl will always curve in the direction of the small circle. Always keep the side of the bowl with the small circle facing towards the center of the rink and the bowl will always curve towards the center.

So remember, large circle – small radius, small circle – large radius.

Generally speaking, the faster a bowl travels the smaller the draw, as the speed of the bowl decreases the draw will increase until the bowl comes to rest.

Please note, you cannot eat your cereal out of a lawn bowl.

**Bias** - Bias is the amount of curve that a bowl will take during its course to the jack. Bowls are available with several different biases for use in different conditions and competitions. As part of the manufacturing process all bowls are tested against a "Master Bowl", which defines the limits of this bias.



**Typical Lawn Bowls Bias Diagram**

*Courtesy Taylor Bowls*

Lawn bowls were originally made from lignum vitae, a dense wood, giving rise to the term "woods" for bowls, and were generally coloured

brown. Today bowls are more typically made of a hard plastic composite material and come in a variety of colours and patterns. Perhaps this will give rise to the term “plastics”? Well, you never know!

Lawn bowls typically come in matched sets of four bowls. This allows the player to play multiple format games, singles, pairs, triples or fours with the same set of bowls.

## Sizes and Weights

The following is a general representation of lawn bowl sizes and weights. The “Laws of the Sport of Bowls”, Crystal Mark Third Edition, provides the following information:

### 52.1.6 Bowls made of wood must:

52.1.6.1 measure between 116 millimetres and 134 millimetres across at their widest points; and

52.1.6.2 weigh up to 1.59 kilograms.

### 52.1.7 Bowls made of rubber or plastic resin must:

52.1.7.1 measure between 116 millimetres and 131 millimetres across at their widest points; and;

52.1.7.2 weigh up to 1.59 kilograms.

## Sizes

Bowls are sized by a numbering system beginning at “00” and include sizes “0”, “1”, “2”, “3”, “4” and “5” as determined by World Bowls.

A size “00” bowl, being the smallest, measures 4 9/16” in diameter around the bowl’s running surface. Bowls do not have legs so they cannot really run. It is more of a “rolling” surface. The size “0” bowl will measure 4 5/8” in diameter, the size “1” bowl 4 3/4” in diameter, size “2” at 4 13/16” diameter, size “3” at 4 7/8” diameter, size 4 at 4 15/16” diameter and a size 5 bowl, being the largest currently in production, measures 5” in diameter.

There is apparently neither rhyme nor reason for the size difference however; I suspect that at one

time they were based on the size of various individual hands.

## Weights

Bowls will vary in weight with their change in size and by design, there being a Medium weight bowl and a Heavy weight bowl.

Size “00” bowls only comes in a heavy weight style and weigh in at 2 pounds, 10 ounces.

Sizes “0” to “5” are available in both Medium and Heavy weight, starting with size “0” at 2 pounds, 11 ounces for medium and 2 pounds, 12 ounces for heavies, hardly a significant difference. Size “1” bowls weigh 2 pounds, 14 ounces for medium and 3 pounds for heavies, size “2” weigh 3 pounds for medium and 3 pounds, 2 ounces for heavies. Size “3’s” weigh 3 pounds, 2 ounces and 3 pounds, 4 ounces and size “4’s” weigh 3 pounds, 4 ounces and 3 pounds, 6 ounces. The heaviest, size “5” weighs 3 pounds, 6 ounces for medium and 3 pounds, 8 ounces for the heavies.

When playing in a “pairs” game, typically four bowls per player are used; when playing “triples” game, each player typically delivers three bowls. Each player’s bowls must be from a matched set.

At the NOTL Club, the “Weighted Average” weight of a single bowl is approximately **2.734** pounds.



**“...and you think your delivery is difficult.”**

I guess that this must be “Foot-bowl”? ☺

## Club Statistics

*Stats-Meister, the Stats Guy with the help of his good and faithful assistant, David K.*

Once again I am here to bore you to tears with the Club's statistics. These statistics would not be available for the month of July without the assistance of other club members, specifically **David Klooz**. David has been a key figure in the collection of information throughout the month of July and hopefully will continue to be an important factor through to the end of August.

## July Stats

The weather this month was unusually hot and humid for July. This had a major impact on the number of Jitneys played. The decision was made to play only one 10 end game during the evening bowling sessions.

### Jitneys

Scheduled	13
Played	8
Not Played	5

One of the Jitneys scheduled is actually the July 9<sup>th</sup> "In House" tournament. This tournament was cancelled due to the extreme temperatures.

### Draws

Scheduled	17
Played	11
Not Played	6

Only one draw is scheduled for the evening Jitneys during the hot summer months with only one 10-end game being played. Saturday Jitneys remain the same with two draws being scheduled.

### Bowlers per Draw

Average Bowlers per Draw in July					
Monday		Wednesday		Saturday	
13.0	-	14.7	-	24.3	11.3

Throughout the month of July the most popular time to bowl, based on the average number of members in attendance during the Jitneys, was

Saturday Draw 1. This was followed by Wednesday evenings then Monday evenings, with the least popular time being Saturday Draw 2.

A second draw was not held Monday and Wednesday evening with only one 10 end draw being played.

**Number of games played in July – 33**

**Number of games played year to date – 179**

### Green surface temperature

This month, the average surface temperature of our green was **63.2°C** (145.7°F), the warmest recorded at **72°C** (161.6°F), the coolest at **49.5°C** (121.1°F).

### "Iron Person" of the Month

The Iron Person of the month is based solely on Jitney play, no other leagues and/or events are taken into consideration in determining this most prestigious award.

This month's Iron Person is...**Marguerite Luczay** with a total of **9** games played and **320** bowls delivered throughout the month. A true "Iron-person" of the lawn bowling green.

**Congratulations Marguerite!**

### Monthly Membership Factoid:

*Membership and Publicity Committee*

Where do all our members from?

Well, as one might expect, the bulk of our members (Active, Social & Lifetime), **83.3%**, comes from Niagara-on-the-Lake. A small portion of the membership, **13.6%**, comes from St. Catharines and members from Niagara Falls make up the final **3.1%**.

Next month more interesting facts with respect to the membership, bet you can't wait, eh!

## Greenside Humour

*From around the world*

A few years ago your club secretary was visiting a fellow bowler (David M.) in a local hospital, (St. Catharines?) and asked about the place and things in general.

"The nurses are very good, and so is the treatment" (maybe not St. Catharines) came the reply, "But the food gets a bit boring."

"What do you mean boring", asked the secretary?

"Well we get "Haggis" for breakfast, "Haggis" for our lunch and then "Haggis" again for supper".

"Well what do you expect", says the secretary!

"THIS IS THE BURNS UNIT!"

## Health and Safety

*Self-Appointed Safety Guy*

Throughout my career I spent some time as a Divisional Health and Safety Coordinator. It was my observation that, with regards to personal health and safety, most individuals either do not know or do not take an interest in their own health and safety until it is too late. With that in mind, please do not gamble with your health and wellbeing. Consider the heat and humidity when taking part in outdoor activities of all types during the hot part of the year, even if you are just a spectator.

## Heat Exhaustion

*Courtesy of the Mayo Clinic's website*

Signs and symptoms of heat exhaustion may develop suddenly or over time, especially with prolonged periods of exercise.

**Possible heat exhaustion signs and symptoms include:**

- Cool, moist skin with goose bumps when in the heat

- Heavy sweating
- Faintness
- Dizziness
- Fatigue
- Weak, rapid pulse
- Low blood pressure upon standing
- Muscle cramps
- Nausea
- Headache

**If you think you're experiencing heat exhaustion:**

- Stop all activity and rest
- Move to a cooler place
- Drink cool water or sports drinks

**Be Aware, be Safe, stay Alive!**

## High Heat Index (Humidex)

The heat index is a single temperature value that considers how both the outdoor temperature and humidity make you feel. When the humidity is high, your sweat can't evaporate as easily and your body has more difficulty cooling itself, making you prone to heat exhaustion and heatstroke. When the heat index is 33°C (91°F) or higher, you should take precautions to keep cool.

*Mayo Clinic's website*

Personal health and safety concerns should dictate that members err on the side of caution when humidex values exceed 33°C.

## In Closing

*Editor*

Well, once again, that is "it" for another edition. Hope you all enjoyed reading this edition as much as you did reading the first couple of offerings and, if you didn't, c'est la vie.

Remember to come out and support your fellow members as they participate in the various lawn bowling activities throughout the month and entire season as they play in venues across the District.

**Have a safe and happy summer!**